

A great opportunity

Here's your chance to make a valuable contribution to the lives of girls and young women. Becoming a leader doesn't require lots of qualifications. In fact, we'll provide all the training you need. Ultimately, it's a great chance to bring out the best in everyone, and that includes you!



Girlguiding UK: Essential Facts

- We're the biggest voluntary organisation for girls in the UK, with more than 600,000 members!
- Girls get involved in all kinds of fun and rewarding activities, make lasting friends and learn positive values for life.
- There's plenty on offer for every age;

Rainbows	5 - 7 years	<small>(from age 4 in Northern Ireland)</small>
Brownies	7 - 10 years	
Guides	10 - 14 years	
Senior Section	14 - 25 years	
Leaders	18 - 65 years	

Safe from Harm

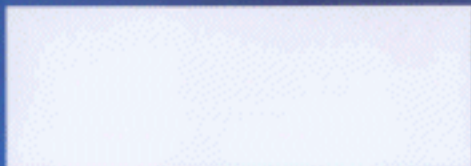
Girlguiding UK operates a safe from harm policy to safeguard its members while participating in guiding activities. All adults helping with meetings or events are required to abide by this policy. All those with unsupervised access to members will need to complete a volunteer registration process.

Join us!

Getting involved in guiding couldn't be easier. Check out the contact details below and discover a whole new world of fun, friends and adventure!

Tel: 0800 1 69 59 01
Email: Join.us@girlguiding.org.uk
Web: www.girlguiding.org.uk

Your local contact:



Ages
18+

Leaders

surprise yourself



Girlguiding

Leaders

Bring out the best...

"Guiding has given me confidence to return to work after 11 years and tackle a more challenging job."

- Brownie Guider



As a leader you'll help to run a unit of girls, you can take your pick from Rainbows, Brownies, Guides and Senior Section. You could become a Commissioner, someone who supports the other adult volunteers.

Girlguiding UK values the skills, knowledge and experience you can bring. In guiding you'll also gain valuable people skills that can be put to good use in many other areas of your life.



If you're aged 18 - 65, full of enthusiasm and willing to give it a go, Girlguiding UK can help you shine. It's what being a leader is all about!

surpr!se
yourself